



Midwest Region of Nar-Anon Family Groups

Questions for Midwest Region's Family Home Groups

Nar-Anon Midwest Region

Nar-Anon Family Groups

April 2024

Ad-Hoc Committee:

Ilene - Mary - Megan - Cathy

The Midwest Region Ad-Hoc Committee's thoughts & we would like to hear from you.

Feedback sent to Cathy by May 13, 2024

The Annual Assembly is our Region's Year End Business Meeting. The Annual Assembly has been occurring for the last thirteen years.

These Annual Assemblies have been held In-Person / Virtually / Hybrid.

From our experience what would the Members of the Midwest Region like to do for 2024? Currently we have included the Assembly: End Year Business Meeting & Workshops & Meeting. The Business portion is run by the RSC Members. The Workshop section depends on Members of the Region volunteering to be involved, as the Workshops are run by both Members of the Region & RSC Members.

Midwest Region Assembly Records

Fliers & documents from past assemblies are here

Midwest's top three topics for IWSC: Growth - Healthy Meetings - Recovery
With these in mind lets review the past, look at the present & plan for the future.

Options for Assembly 2024:

- 1) Continue with Business - Workshops - Meeting all on one day
 - a) Remote - Virtual - Hybrid
- 2) Hold separate Assembly & Convention
 - a) This format has been discussed in the past > never pushed forward
 - b) Remote - Virtual - Hybrid
 - c) Rotation of format to allow for Workshop planning & Cost planning
- 3) Considerations > Each format / Separation of Assembly & Conference has pros & cons
 - a) Cost
 - i) Can Midwest Region incur the cost of hosting
 - (1) Remote
 - (2) Virtual
 - (3) Hybrid
 - ii) Can members afford to pay
 - iii) Does this affect the number of participants
 - b) Distance to Travel
 - i) Does this affect the number of participants
 - ii) Do members have the ability to travel & be gone for 3 days
 - c) Does this event/events need to be a fundraiser

- i) WSC is virtual - cost cut dramatically
 - d) Time is needed for planning Workshops no matter what format
 - i) Start planning at least 6 months in advance
 - e) Nominations for RSC positions
 - i) Share during GSR meetings positions & job descriptions
 - ii) Nominations before Assembly as stated in GLS
 - (1) Creation of RSC Election Committee
- 4) Ultimate Goal > Sharing Our Experience Strength & Hope
 - a) Higher participation of Regional members
 - b) Cost effectiveness
 - c) Higher engagement in running Conference
 - i) Re-Creation of Conference Committee > this did exist in the past

Traditions:

- 1) Our common welfare should come first, personal progress for the greatest number depends on unity
- 9) Our groups, as such ought never to be organized, but we may create service boards or committees directly responsible to those they serve.

Concepts:

- 2) The final responsibility and authority for Nar-Anon services rests with the Nar-Anon Family Groups
- 6) Group Conscience is the spiritual means by which we invite a loving Higher Power to influence our decisions.
- 9) All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.

As stated in the 'Guide To Local Service' pgs 6.8 - 6.10

'Assemblies An assembly is an event held at least once a year. The assembly is attended by officers of the RSC, the delegate and alternate delegate, the region's GSRs, ASRs, and subcommittee chairs. The assembly is a vital link between groups and the region where members conduct the following business:

- Set policies for the region
- Receive, discuss, and vote on proposed motions from groups to be submitted to the WSC committee
 - Review and vote on the Conference Agenda Report (CAR)
- Give a vote of confidence to the delegate to vote his/her conscience at the WSC on items not in the CAR
 - Hear area and subcommittee reports
 - Hear the delegate's report
- Elect officers of the RSC, the delegate, alternate delegate, and subcommittee chairs
 - Approve the region's budget developed by the RSC

To conduct business, a quorum of the region's GSRs, registered at the assembly, voting their group's conscience will be necessary. A tie vote will be taken back to the areas for their consideration if time permits. If time does not permit, refer to tie breakers under RSC policies above.

The only voting members of the assembly are GSRs, or in their absence, alternate GSRs or group substitutes. This is consistent with one vote per group. Only recognized GSRs are considered voting members. This recognition is gained by filing a GSR/Alternate GSR Registration Form or an Assembly Registration Form with the RSC prior to the vote being taken (sample forms are found at the end of this guide).

The RSC will provide forms to use in registering for assembly. Each ASC is responsible for registering voting GSRs, alternate GSRs, and group substitutes of participating groups within their area. Groups unaffiliated with an area are responsible for registering their voting representatives. Both ASCs and unaffiliated groups register their voting members by submitting completed forms to the region. Only those names appearing on these forms will be recognized as voting members at the assembly.

All Nar-Anon members are welcome to attend assemblies. At the discretion of the chair, speaking by non-voting members may be limited.

Assembly Agendas may include but are not limited to the following:

- Read Nar-Anon's Twelve Traditions
- Read Nar-Anon's Twelve Concepts of Service
- Approval of prior assembly minutes (additions or corrections are made)
 - Chair's report on the RSC since the previous assembly
- Delegate's report on the WSC and/or recent communications from WSO
 - Secretary's report
 - Treasurer's report
- ASR's report on progress and problems of their area Subcommittee reportsTime for GSRs to discuss ideas, offer opinions, and ask questions
 - Workshops on topics, such as traditions and concepts

Nominations

The RSC election subcommittee shall draft a slate of nominees for officers, delegate, alternate delegate, and subcommittee chairs prior to the election assembly. Names may be added from the floor. Any member of the RSC may nominate a qualified individual for a position. All nominees must meet the recommended experience for the position. The following past or current service members are eligible for nomination: officers of an area or region, RSC subcommittee chairs, GSRs, and ASRs.

No member shall hold more than one (1) office at a time. No member shall serve more than two (2) consecutive terms in the same position. The delegate cannot serve for two consecutive terms but may be elected again after a three year break.

Interim Assemblies

Interim assemblies are held, as needed, between regularly scheduled assemblies,